

KINGS SCHOOL SPRING MENU WEEK 1

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	BEEF BURGER IN A BUN WITH WEDGES, SWEETCORN AND BAKED BEANS	PIZZA DAY OVEN BAKED CHIPS WITH PEAS AND BAKED BEANS	ROAST GAMMON WITH YORKSHIRE PUDDING ROAST POTATOES CAULIFLOWER AND PEAS	HOMEMADE CHICKEN PIE & MASH CARROTS AND MIXED VEG	BATTERED FISH AND CHIPS MUSHY PEAS AND BAKED BEANS
PASTA BAR	CHEFS CHOICE	CHEFS CHOICE	CHEFS CHOICE	CHEFS CHOICE	CHEFS CHOICE
VEGGIE OPTION	VEGGIE BURGER IN A BUN WITH WEDGES,	VEGGIE PIZZA	QUORN ROAST WITH YORKSHIRE PUDDING	CHEESE & ONION TART	VEGGIE OMELETTE
SWEET	LEMON COURGETTE CAKE WITH CUSTARD	CHOCOLATE SPONGE AND CUSTARD	CHEESE CAKE	JAM SPONGE AND CUSTARD	DOUGHNUTS

EVERYDAY ITEMS INCLUDE:

WHITE, WHOLEMEAL TOAST, BACON BAPS, FRUIT POTS, YOGHURTS, GRANOLA POTS, COLD GRAB AND GO, JACKETS POTATOES

KINGS SCHOOL SPRING MENU WEEK 2

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	TRADITIONAL SAUSAGE & MASH CARROTS AND MIXED VEG	ITALIAN CHICKEN WITH WHOLEGRAIN RICE PEAS AND SWEETCORN	ROAST CHICKEN AND STUFFING ROAST POTATOES CAULIFLOWER AND BROCCOLI	HOMEMADE CHICKEN AND MUSHROOM PIE & MASH CARROTS AND GREEN BEANS	BATTERED FISH AND CHIPS MUSHY PEAS AND BAKED BEANS
PASTA BAR	CHEFS CHOICE	CHEFS CHOICE	CHEFS CHOICE	CHEFS CHOICE	CHEFS CHOICE
VEGGIE OPTION	VEGGIE SAUSAGE	VEGGIE PIZZA	QUORN ROAST WITH STUFFING	TOMATO AND BASIL PASTA	VEGETABLE NUGGETS
SWEET	GINGER SPONGE WITH CUSTARD	CHOCOLATE BROWNIE AND CREAM	APPLE AND RHUBARB CRUMBLE AND CUSTARD	JAM SPONGE AND CUSTARD	DOUGHNUTS

EVERYDAY ITEMS INCLUDE:

WHITE, WHOLEMEAL TOAST, BACON BAPS, FRUIT POTS, YOGHURTS, GRANOLA POTS, COLD GRAB AND GO, JACKETS POTATOES

KINGS SCHOOL SPRING MENU WEEK

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	BRITISH RED TRACTOR PORK AND BEEF MEATBALLS IN TOMATO SAUCE & PASTA PEAS	MILD CHICKEN CURRY WITH WHOLEGRAIN RICE & NAAN BREAD CARROTS AND SWEETCORN	ROAST BEEF AND YORKSHIRE PUDDINGS ROAST POTATOES SPRING CABBAGE AND MIXED VEG	CHICKEN GOUJONS WITH NEW POTATOES CARROTS AND GREEN BEANS	BATTERED FISH AND CHIPS MUSHY PEAS AND BAKED BEANS
PASTA BAR	CHEFS CHOICE	CHEFS CHOICE	CHEFS CHOICE	CHEFS CHOICE	CHEFS CHOICE
VEGGIE OPTION	QUORN MEATBALLS IN TOMATO SAUCE WITH PASTA	VEGGIE CURRY & RICE WITH NAAN BREAD	QUORN ROAST WITH YORKSHIRE PUDDINGS	CHEDDAR CHEESE QUICHE	BHAJI BURGER IN A BUN
SWEET	STICKY TOFFEE PUDDING & CUSTARD	CHOCOLATE CRUNCH WITH CUSTARD	CHEESE CAKE	JAM SPONGE AND CUSTARD	DOUGHNUTS

EVERYDAY ITEMS INCLUDE:

WHITE, WHOLEMEAL TOAST, BACON BAPS, FRUIT POTS, YOGHURTS, GRANOLA POTS, COLD GRAB AND GO, JACKETS POTATOES

