



THE KING'S SCHOOL

GRANTHAM

Dear Students, Parents and Carers,

We have been made aware of several members of our school community who have tested positive for COVID 19 having taken a PCR test.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with our local Health Protection Team. In line with current Government Guidance we are doing all we can to ensure the school remains open; the overarching aim is to maximise the number of children receiving face to face education. If well, your son should continue to attend school.

What to do if your child develops symptoms of COVID 19

If your son develops symptoms of COVID-19, they must not come to school and should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via the COVID 19 [national website](#) or by calling 119.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

NHS Test and Trace will work with the positive case and/or their parent to identify close contacts.

If you or your son believe that he has been a close contact of a positive case then I would encourage you to have him complete a PCR test.

What to do if the PCR test result is positive

Your son will need to complete a full 10-day isolation period. The isolation period normally includes the day of the test, plus the following 10 days. You are likely to be contacted by NHS Test & Trace (NHSTT) to confirm your son's isolation period and identify any close contacts. If any other children from our setting have had contact with your son socially, please ensure you identify these children to NHSTT, so they can be followed up as close contacts.

If your son does not currently have symptoms but goes on to develop symptoms following the PCR test, please be aware their isolation period will re-start from the point that symptoms started (so their isolation period is then calculated as the day symptoms started, plus the following 10-days).

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What to do if the PCR test result is negative

Your son can end their isolation immediately and your son can return to the setting straight away as long as they are well enough to do so and have not been told to isolate for any other reason e.g. quarantine following travel, advised by NHS Test & Trace to isolate.

Remote Learning

Where students have been isolating due to COVID-19 lessons have been continuing online through the Microsoft Teams application. Most students are familiar with this technology and can access it through Microsoft Teams using his school email address and password.

<https://teams.microsoft.com>

We have also invested in Century Tech, a programme that is available in English, Mathematics and Science. To login, go to [CENTURY](#) and select "Sign in with Office 365". You will then need your school email address and school password.

Other information

If not doing so already, we would encourage all adults and secondary school aged children in your household (who have not tested positive for COVID-19 via a PCR test within the past 90 days) to self-test twice-weekly with lateral flow devices. We have provided all pupils with their own test kits. Adults can pick up free test kits from many local pharmacies or can order lateral flow [kits online](#).

Public Health England also recommend anyone eligible in your household gets the [COVID-19 vaccine](#) if they have not done so already.

You may be eligible for a Test and Trace Support Payment if your child has a positive PCR test result and has to isolate. More details can be found [here](#).

As well as COVID-19, we are expecting to see a number of other viral infections circulate amongst students over the next few months. This is due to students mixing more as COVID-19 restrictions are reduced. You may find the following links useful:

Bronchiolitis: <https://www.nhs.uk/conditions/bronchiolitis/>

Norovirus: <https://www.nhs.uk/conditions/norovirus/>

Flu: <https://www.nhs.uk/conditions/flu/>

High temperature (fever) in children: <https://www.nhs.uk/conditions/fever-in-children/>

Common cold: <https://www.nhs.uk/conditions/common-cold/>

Slapped cheek syndrome: <https://www.nhs.uk/conditions/slapped-cheek-syndrome/>

Mental wellbeing support

Please encourage your son to talk to you or their form tutor teacher if they are feeling anxious or stressed. Online resources to help you support your child with mental health and wellbeing include:

[MindEd](#) - a free educational resource on children and young people's mental health



[Every Mind Matters](#) - an online tool and email journey to support everyone in taking action to look after their mental health and wellbeing

[Bereavement UK](#) and the [Childhood Bereavement Network](#) - information and resources to support bereaved pupils.

Yours sincerely

Simon Pickett
Head Master