

THIS WEEK'S Eats.

















WEEK 1
MENU

18/04/2022; 30/05/2022; 11/07/2022; 22/08/2022;
03/10/2022

FOOD UNION

AVAILABLE
Daily

COUNTER
One

	COUNTER One	Jackets	Pizza and Pasta	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Salad	Dessert
MON	Beef Lasagne with Garlic and Herb Bread and Peas Mild Sweet Potato Curry  with rice	Baked beans Cheese Tuna Mayo Salmon Mayo	Chefs choice of pasta and sauces of the day 	Freshly baked sweet & savoury pastry selection	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Apple & blackberry pie served with custard 
TUE	Spicy Chicken Pitta with Chilli Sauce, Tomato Rice and Crunchy Raw Slaw or Feta and Beetroot Burger   With Baked Garlic and Herb Potato Wedges, Coleslaw and Sweetcorn	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day Pizza of the day 		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Lemon drizzle cake
WED	Roast Chicken breast or Vegetable Pastry Slice  with Roast Potatoes, Carrots, Cabbage and Gravy Roast Chicken Yorkie Wrap	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day 	Freshly baked sweet & savoury pastry selection	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Apple & cinnamon strudel served with custard 
THUR	Chicken Tikka Masala or Yellow Vegetable Curry   with Wholegrain Rice and Sweetcorn	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day Pizza of the day 		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Fruit slice  
FRI	Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans Or Dirty Fries with Coleslaw 	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day 		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Raspberry yoghurt cake

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice

THIS WEEK'S Eats.

















WEEK 2 MENU

25/04/2022; 06/06/2022; 18/07/2022; 29/08/2022; 10/10/2022

FOOD UNION

AVAILABLE Daily

COUNTER One

	COUNTER One	Jackets	Pizza and Pasta	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Salad	Dessert
MON	<p>Topped Mac N Cheese (BBQ Chicken, Cajun Pulled Pork or Crispy Cauliflower) with Sweetcorn Or Vegetable Lasagne  with Garlic and Herb Bread</p>	<p>Baked beans Cheese Tuna Mayo</p>	<p>Chefs choice of pasta and sauces of the day Pizza of the day </p>		<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad</p>	<p>Vanilla & blueberry blondie</p>
TUE	<p>Fish Pie with peas Or Veggie burrito   with Fajita Wedges, Corn Slaw & Sweetcorn</p>	<p>Baked beans Cheese Tuna Mayo</p>	<p>Chefs choice of pasta and sauces of the day </p>		<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad</p>	<p>Peach shortcake crumble  </p>
WED	<p>Sausage, mash and red onion gravy or Quorn sausage and mash </p>	<p>Baked beans Cheese Tuna Mayo</p>	<p>Chefs choice of pasta and sauces of the day </p>	<p>Freshly baked sweet & savoury pastry selection </p>	<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad</p>	<p>Banana marble cake</p>
THUR	<p>Cajun Chicken Sandwich or Chicken Pitta with a choice of Sauces Blackeye Bean Veggie Burger  with Fajita Wedges, Corn Slaw & Sweetcorn</p>	<p>Baked beans Cheese Tuna Mayo</p>	<p>Chefs choice of pasta and sauces of the day Pizza of the day </p>		<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad</p>	<p>Apple sponge</p>
FRI	<p>New York Hot Dog or Quorn Dog  Breaded Chicken Strips with Chips, Baked Beans and Peas</p>	<p>Baked beans Cheese Tuna Mayo</p>	<p>Chefs choice of pasta and sauces of the day </p>	<p>Freshly baked sweet & savoury pastry selection </p>	<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad</p>	<p>Apple & cinnamon strudel served with custard </p>

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice

Internal

THIS WEEK'S Eats.



















WEEK 3
MENU

02/05/2022; 13/06/2022; 25/07/2022; 05/09/2022;
17/10/2022

FOOD UNION

AVAILABLE
Daily

COUNTER
One

		Jackets	Pizza and Pasta	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Salad	Dessert
MON	<p>Topped Mac N Cheese (Cajun Pulled Pork or Crispy Cauliflower) with wedges Or Vegetable pasta bake  </p>	<p>Baked beans Cheese Tuna Mayo</p>	<p>Chefs choice of pasta and sauces of the day</p> <p>Pizza of the day </p>		<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>	<p>Banana & berry cobbler served with custard  </p>
TUE	<p>Cajun Chicken Sandwich or Chicken Pitta with a choice of Sauces Or Incredible Burger   with Chipotle Wedges, Corn Slaw & Peas</p>	<p>Baked beans Cheese Tuna Mayo</p>	<p>Chefs choice of pasta and sauces of the day</p> <p></p>	<p>Freshly baked sweet & savoury pastry selection </p>	<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>	<p>Chocolate brownie</p>
WED	<p>Gammon or Cheesy Veg Pie  with Roast Potatoes, Carrots, Cabbage and Gravy</p> <p>Roast Gammon Yorkie Wrap</p>	<p>Baked beans Cheese Tuna Mayo</p>	<p>Chefs choice of pasta and sauces of the day</p> <p>Pizza of the day </p>		<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>	<p>Peach slice</p>
THUR	<p>Thai Red Chicken Curry or Vegan Thai Green Vegetable Curry and Wholegrain Rice   with Lime Spiced Sweetcorn</p>	<p>Baked beans Cheese Tuna Mayo</p>	<p>Chefs choice of pasta and sauces of the day</p> <p></p>	<p>Freshly baked sweet & savoury pastry selection </p>	<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>	<p>Apple & blackberry pie </p>
FRI	<p>Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans Or Spicy Vegetables and Bean Quesadilla with Lime and Coriander Rice and Corn Slaw </p>	<p>Baked beans Cheese Tuna Mayo</p>	<p>Chefs choice of pasta and sauces of the day</p> <p></p>		<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>	<p>Lemon meringue cake</p>

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice

Internal

THIS WEEK'S Eats.





COUNTER One

WEEK 4 MENU

09/05/2022; 20/06/2022; 01/08/2022; 12/09/2022; 24/10/2022

FOOD UNION

AVAILABLE Daily

	COUNTER One	Jackets	Pizza and Pasta	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Salad	Dessert
MON	Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans Or Dirty Fries with Coleslaw	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day	Freshly baked sweet & savoury pastry selection	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Apple & cinnamon strudel served with custard 
TUE	Beef Lasagne with Garlic and Herb Bread and Peas Mild sweet potato curry with rice	Baked beans Cheese Tuna Mayo Salmon Mayo	Chefs choice of pasta and sauces of the day Pizza of the day		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Raspberry yoghurt cake
WED	Spicy Chicken Pitta with Chilli Sauce, Tomato Rice and Crunchy Raw Slaw or Feta and Beetroot Burger with Baked Garlic and Herb Potato Wedges, Coleslaw and Sweetcorn	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day	Freshly baked sweet & savoury pastry selection	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Apple & blackberry pie served with custard 
THUR	Roast Chicken breast or Sweet potato & chickpea roast with Roast Potatoes, Carrots, Cabbage and Gravy Roast Chicken Yorkie Wrap	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day Pizza of the day		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Fruit slice  
FRI	Chicken Tikka Masala or Yellow Vegetable Curry with Wholegrain Rice and Sweetcorn	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Lemon drizzle cake

 Vegetarian
  Oily fish
  Wholegrain
  Fruity!
  Nutritionist's Choice

THIS WEEK'S Eats.

















WEEK 5 MENU

16/05/2022 27/06/2022 08/08/2022 19/09/2022

FOOD UNION

AVAILABLE Daily

COUNTER One

		Jackets	Pizza and Pasta	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Salad	Dessert
MON	New York Hot Dog or Quorn Dog  Breaded Chicken Strips with Chips, Baked Beans and Peas	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day 		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Banana marble cake
TUE	Topped Mac N Cheese (BBQ Chicken, Cajun Pulled Pork or Crispy Cauliflower) with Sweetcorn Or Vegetable Lasagne  with Garlic and Herb Bread	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day Pizza of the day 		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Apple sponge
WED	Fish Pie with peas Or Veggie burrito  with Fajita Wedges, Corn Slaw & Sweetcorn	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day 	Freshly baked sweet & savoury pastry selection 	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Apple & cinnamon strudel served with custard 
THUR	Sausage, mash and red onion gravy or Quorn sausage and mash  	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day Pizza of the day 		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Vanilla & blueberry blondie
FRI	Cajun Chicken Sandwich or Chicken Pitta with a choice of Sauces Blackeye Bean Veggie Burger  with Fajita Wedges, Corn Slaw & Sweetcorn	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day 	Freshly baked sweet & savoury pastry selection 	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Peach shortcake crumble served with custard  

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice

THIS WEEK'S Eats.



















WEEK 6
MENU

23/05/2022 04/07/2022 15/08/2022 26/09/2022

FOOD UNION

AVAILABLE
Daily

COUNTER
One

		Jackets	Pizza and Pasta	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Salad	Dessert
MON	Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans  Or Spicy Vegetables and Bean Quesadilla with Lime and Coriander Rice and Corn Slaw	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day 		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Peach slice
TUE	Topped Mac N Cheese (Cajun Pulled Pork or Crispy Cauliflower) with wedges Or Vegetable pasta bake  	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day 	Freshly baked sweet & savoury pastry selection 	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Apple & blackberry pie served with custard 
WED	Cajun Chicken Sandwich or Chicken Pitta with a choice of Sauces Or Incredible Burger  with Chipotle Wedges, Corn Slaw & Peas	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day Pizza of the day 		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Lemon meringue cake
THUR	Gammon or Cheesy Veg Pie  with Roast Potatoes, Carrots, Cabbage and Gravy Roast Gammon Yorkie Wrap 	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day 	Freshly baked sweet & savoury pastry selection 	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Chocolate brownie
FRI	Thai Red Chicken Curry or Vegan Thai Green Vegetable Curry and Wholegrain Rice   with Lime Spiced Sweetcorn	Baked beans Cheese Tuna Mayo	Chefs choice of pasta and sauces of the day Pizza of the day 		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	Banana & berry cobbler served with custard  

 Vegetarian  Nudge

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice