



Ref: U:\PDC\Y8 letter  
September 2018

Dear Parents/Guardians,

Welcome back to the new school year. Personal, Health, Social and Economic education (PHSE) plays an important role within our school. Boys are taught a series of lessons during form time with their form tutors. The theme for this term is Sex and Relationships education (SRE).

The key aims of SRE are to:

- 1 Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their developmental years and into adulthood.
- 2 Establish an awareness of the importance of stable relationships, including the responsibilities of parenthood.
- 3 Foster self-awareness and self-esteem.
- 4 Develop a sense of responsibility and respect for themselves and others.

The program of study that has been developed for Year 8 includes discussion on: Good Self-Esteem and Building Relationships; Challenging Misconceptions in Media and Physical and Emotional Changes.

All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will present the program in an objective, balanced and sensitive manner. The work booklets that will be used during PHSE lessons are available on Frog for you to view. Thank you for your support, if you have any questions or concerns please do not hesitate to contact me.

Yours sincerely,

Miss K Leek  
Subject Leader of PHSE and Citizenship  
[Kassie.leek@kings.lincs.sch.uk](mailto:Kassie.leek@kings.lincs.sch.uk)