



THE KING'S SCHOOL

GRANTHAM

Dear Students, Parents and Carers,

I hope everyone is well and coping well. I believe it was Harold Wilson who said "A week is a long time in politics". This week has brought a series of changes and as a school we are waiting to see clear national guidance. Next week is the last one before half term and I hope that we will have a clearer picture that I can share with you then.

Mental Health And Well Being

Next week is Mental Health Awareness week hosted by the Mental Health Foundation. There are a wealth of resources available at www.mentalhealth.org.uk which we hope families can engage with.

The change in rules around exercise this week provides a perfect opportunity of reaping the physical and mental health benefits of being outside. Being outside whilst exercising is a proven way to boost your mood, giving you a change of scenery, fresh air and a great way to pass some time. The resources on FROG this week might give you some new ideas to try, so if your current exercise routine is waning, or if you're looking to start from scratch, take a look and see if there's something that appeals to you.

Don't forget if you need some support from school for your child or yourself, please contact Mr Dixon (Justin.Dixon@kings.lincs.sch.uk) in the first instance.

Year 9 and 10 Exams

Year 10 Exams started this week and are scheduled to finish on the 22 May. Year 9 Exams are scheduled for the 1 June until the 12 June. To maintain some sense of 'normality' for the students, we shall set these tests through FROG and staff will notify boys through the platform of when they will take place. We are aware of the different situations that students find themselves in and we remain mindful that they may be ill or have family members who have fallen ill. Consequently, although we will set the tests, we will not use the results for setting or 'ranking' students. We will support any parent who feels that their son should not complete the exams for mental health or other personal reasons. Nevertheless, these exams provide an excellent opportunity for those students who do require such focus at this time. As always, no student should be placing themselves under unnecessary stress or anxiety at this time and should prioritise physical and mental health over schoolwork.

Independent Learning

First Aid Champions

We're delighted to bring you details of a brand new learning website produced by the British Red Cross called 'First Aid Champions'. This resource empowers young people and families to learn vital first aid skills during lockdown. There is a specific pathway for secondary students to explore 17 different first aid skills with films, activities and quizzes. Each skill has a key action to take so

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learners can easily remember what to do when someone needs help. The website can be accessed at <https://firstaidchampions.redcross.org.uk/>

Careers

Grantham College Open Day

Year 11 students may be interested to know that Grantham College have a virtual online Open Day on Tuesday 19 May from 10:00am–3:00pm.

Year 13 students who are considering deferring their University offers for a year may also be interested in attending. Further information can be found at <https://www.grantham.ac.uk/our-college/events/virtual-open-day/>

Barclays LifeSkills

Barclays have a series of resources available to develop employability skills in young people. If you would like to find out more information, please go to <https://barclayslifeskills.com/>

Apprenticeships

Amazing Apprenticeships have delivered a number of presentations at King's and would normally meet with students to provide support in finding out more information about apprenticeships. They have refined their offer and can now provide information and support via their website. Further information can be found at <https://amazingapprenticeships.com/>

Y13

Contact with a significant number of the year 13 leavers happily confirms that they are coping well. Most are trying to combine regular intellectual and or academic stimulus with regular exercise. A number are discovering and developing previously untapped interests and talents ranging from cooking, baking and gardening to photography, programming and origami!

121 students have confirmed very impressive university offers on a very wide range of courses with 28 having received unconditional offers. 3 students have accepted offers at conservatoires and 6 students are weighing up their options which include RAF entry, a Rolls Royce apprenticeship and employment with the National Trust. We will publish the final destinations for "The Class of 2020" at Speech Night which we hope will be in November. Most appear to already have this in hand but to ease their transition they are reminded to apply for student finance and accommodation sooner rather than later.

We will be back in touch with Y13 ahead of results day on Thursday 13th August.

Yours sincerely,

SIMON PICKETT
Head Master